

# SELOR TRANSPORT

## Basic working time breaks

### Breaks:

Workers must have a break after 6 hours. A break of 30 minutes is required for 6-9 hours work; 45 minutes for over 9 hours. Breaks can be divided into 15 minute slots. Where mixed driving and working is carried out, the drivers' hours rules on breaks (EC/3820/85) take precedence.

